



## PRP for Hair Loss - Aftercare Instructions

Arrive to your appointment with a clean scalp with washed and dried hair.

Do not apply any products to the scalp or hair before your appointment.

## After PRP:

- 1. Please avoid the following for 24 hours after your PRP treatment:
  - a. No shower
  - b. No exercise
  - c. No topicals applied to scalp
  - d. No coloring hair
  - e. No NSAIDs or over the counter blood thinning medication such as aspirin or ibuprofen.

After your treatment your scalp may feel sore or achy for a couple of days. We advise Tylenol or ice packs applied to the scalp to help ease any discomfort you may experience.

For additional questions regarding your procedure, please contact your provider at Central Texas Dermatology or SkinCare Austin.

<u>Call 512-327-7779</u> for Dr. Emily Prosise, Dr. Zoltan Trizna, Dr. Halliday McDonald, Dr. Olivia Chen, Mellissa Binney, PA-C, and Lia Stratton, FNP-C.

Call 512-327-2227 for Lily Machuca, FNP-C, Diana Haeg, LA, and Jenni Phipps, RN, LA.